



Salt Creek Trail Night Hike

Chapparosa Park

Official website: <http://www.ci.laguna-niguel.ca.us/%5Cindex.asp?NID=202>

25191 Chapparosa Park Road

Laguna Niguel, CA 92677

DURATION/DISTANCE: Approx. 7 1/2 miles

DIFFICULTY LEVEL: Advanced Beginner

ABOUT THIS HIKE (for more info, see “Events” at www.OC-Hiking.com)

ABOUT THE HIKE: This hike is really a fast paced walk with small roller coaster inclines and declines. We'll head west and then south on a paved multi-use trail passing St. Regis Hotel and Golf Course down to the beach. We'll take a left at the beach where we get to admire the beauty and superb waves as we continue through Bluff Park passing below the Ritz-Carlton Hotel. So keep up with your mid-week exercise regime by signing up for this scenic social hike. Expect a slight, steady incline on the return back to the parking area.

We often stop to play with our light-up frisbees on the beach for a bit!

Hike Duration: This walk is approximately 7 1/2 miles. Plan on 2 to 2 1/2 hours.

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DIRECTIONS

DIRECTIONS:

From the I-5, exit Crown Valley Pkwy and head south west.

Left on Golden Lantern.

Right on Chapparosa Park Dr.

Follow through neighborhood to the end and into park.

We meet you in the parking lot by the baseball field.

[Directions to Chapparosa Park](#)

FEATURES

- PLEASE BRING WATER AND **FLASHLIGHTS**.
- Dog-friendly
- An excellent rainy day or muddy trail alternative.
- Restrooms are available at the beginning and mid-point.
- In the proper season you will enjoy a beach sunset!
- Be tantalized by the scents from a trail adjacent Italian restaurant!
- Enjoy exercise while you socialize!

Salt Creek Trail



SAFETY TIPS

- 1) Stay with members who know the route.
- 2) Flashlights are necessary
- 3) This is a fast paced hike! Know your limits
- 4) The trail has steep sections. Comfortable shoes with traction are advised.
- 5) Please dress appropriately for hiking. Loose, comfortable clothing with wicking capability and layers for temperature variation is recommended.
- 6) Please bring MORE than just one bottle of water.
- 7) We are sharing the trail; watch for runners and bikers
- 8) Stay together

WHAT OTHER PEOPLE SAID

"Good workout in the cool night air." – Gail

"It was nice hiking in the dark, it allowed you to experience your other senses...seeing the stars and hearing the frog croak at night!"—Cathy Kanode

"...Great pace and fascinating conversation made this walk so short!!!!"--Harish

