



Deer Canyon Beginner Hike (with hills!)



Crystal Cove State Park (Ridge Park Entrance)
Official website: <http://www.crystalcovestatepark.com>
Ridge Park Road
Newport Coast, CA 92657
DURATION/DISTANCE: Approx. 3 1/2 mi. / 1 3/4 to 2 hours
DIFFICULTY LEVEL: Beginner

ABOUT THIS HIKE (for more info, see “Events” at www.OC-Hiking.com)

This loop hike starts along Bommer Ridge from the Ridge Park entrance to the Laguna Wilderness/Crystal Cove. A right turn towards the ocean starts the descent to the Deer Canyon Campground. There will be sections of loose scree and ruts. Elevation gain and loss overall will be approximately 350 feet. The gain is up Ticketron, a short but steep trail to return along Pacific Ridge Trail (right). This area is coastal scrub, low bushes and dry. There is minimal to no shade. The duration and pace of this hike is to accommodate beginning hikers. If you are an advanced hiker who prefers a faster pace; do not sign up for this hike unless you are willing to accommodate new hikers. Hike Duration: This walk is approximately 4 miles. Plan on up to 2 hours.

DIRECTIONS	FEATURES
<p>Turn uphill Ridge Park Road from Newport Coast Drive. Ridge Park Road goes up a big hill, follow the hill to the top until it dead ends. You can Google the location as: Corner of East Coastal Peak and Ridge Park Road, Newport Coast (Newport Coast is part of Newport Beach).</p> <p>Crystal Cove Peak (Top of the Hill)</p>	<ul style="list-style-type: none"> • Ticketron is a narrow, steep uphill trail and you will need to be alert for mountain bikes • The ascent is difficult, but brief • Be alert for mountain bikers on the trail • A restroom (outhouse) is available at the campground. • Enjoy exercise while you socialize!



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SAFETY TIPS

- 1) There is no shade at Deer Canyon. Please bring plenty of water on these hikes
- 2) A snack is recommended for the hike
- 3) Hats and sun screen are advised
- 4) The trails can be steep and/or rocky with loose scree that is potentially slippery. Shoes with traction are advised.
- 5) Please dress appropriately for hiking. Loose, comfortable clothing with wicking capability and layers for temperature variation is recommended
- 6) Please bring MORE than just one bottle of water
- 7) We are sharing the trail; watch for runners, bikers!
- 8) Stay together!

WHAT OTHER PEOPLE SAID

"It was just what I needed... Canyon is in bloom and people were friendly." – Laurie

"Great beginner hike. Pushes a little, and is easy enough for an enjoyable time." Deborah T.

"Beautiful views, good introduction for beginners to hill climbing." –Gina & Bob

